

PINNGUAQ

# Life Hack

Reversing the Innovation Flow With Mary McDonald



## Goals of the Workshop

- Explore and Generate approaches, strategies and activities to reverse the innovation flow and open up making spaces to diverse ways of being and knowing
- Explore a variety and diverse assortment of making tools
- Get hands on with making!



# Let's Start the Ripples

# Think for a minute and then share with your group the one word that describes for you *Hack* or *Life Hack*.

#### https://www.menti.com/al4kgcfss1x8





# Menti Word Cloud Results

# One best word to describe Hacking or Life Hack





# Open the Door



# Paving the Way



### Connections



#### What did you bring with you today?



# Making - Let's Get Well Set Up

#### What did you bring with you today?

- 1. Design and draw/imagine a container is it a basket, a bucket or a bag, a box..? What is it made of?
- 2. Now I invite you to put some things in your container, let's explore what you brought with you today?
- 3. An attitude
- 4. An aptitude
- 5. An apple





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I invite you to explore and play with the various tools we have gathered today.

If you have time, I invite you to make something you could use to tell the story of you today and the things you have brought with you today – the attitude, aptitude and apple you have centred for this making moment.

Also, please add to the Padlet any additional tools you would like to share with us. The Keys I am working to embrace Welcoming, Making and Holding Space, Co-design, Holding the lens in place - committing to Examining power dynamics and decolonizing a constant practice. Thank you and Let's stay connected! mary@pinnguaq.com